

Is Integrated Care a Solution
to the Challenges Facing Health Care?

Registration Form (Please print or type)
Friday, November 14, 2014

Name _____
(Last) (First) (Middle)

Address _____

City _____

State _____ Zip _____

Daytime Phone () _____

Cell Phone () _____

Fax () _____

E-Mail _____

Degree & Profession _____

Registration Fee

| | |
|---|------|
| <input type="checkbox"/> Health Professionals | \$30 |
| <input type="checkbox"/> Students (With ID) | \$15 |
| <input type="checkbox"/> MediSys Employees | Free |
| <input type="checkbox"/> Clergy | Free |

The registration fee includes continental breakfast and buffet lunch.
Seating is limited. Please register before November 7, 2014

REFUND POLICY: Refund of registration fee, less a \$10 administrative charge, will be made if written notice of cancellation is received by November 7, 2014. No refunds will be made after that date.

Mail this form with your check to:
Behavioral Health Conference
C/O Department of Psychiatry & Addiction Services
Flushing Hospital Medical Center
45th Ave. @ Parsons Blvd.
Flushing, NY 11355

Make checks payable to:
Flushing Hospital Medical Center
(Memo: Conference)

For additional information, please call: 718-670-4545
Fax your application to: 718-670-4473
Attention: 12th Annual Behavioral Health Conference

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Flushing Campus

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Anthony Maffia, LCSW, Vice-President of Psychiatry, MediSys

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Flushing Campus

Daniel Chen, MD, Assistant Chairman of Psychiatry,
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Psychiatry & Addiction Services, Flushing Campus

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Mental Health Clinic, Flushing Campus

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Mental Health Clinic, Flushing Campus

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Inpatient Psychiatry Unit, Flushing Campus

Karen Melito, CASAC, Clinical Manager,
Reflections Chemical Dependence Clinic, Flushing Campus

Melissa McCormick, LMSW, Clinical Manager,
Chemical Dependence Unit, Flushing Campus

Melissa Yarleque-Melgar, Conference Coordinator & Assistant
Office Manager, Psychiatry & Addiction Services,
Flushing Campus

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12th Annual Behavioral Health Conference 2014
Is Integrated Care a Solution to the
Challenges Facing Health Care?
Friday, November 14, 2014
THE AGAVE PROJECT FOR SUCCESSFUL AGING



THE MEDISYS BEHAVIORAL
HEALTH NETWORK

@

FLUSHING HOSPITAL MEDICAL CENTER
DEPARTMENT OF PSYCHIATRY AND
ADDICTION SERVICES

Presents

THE 12th ANNUAL
BEHAVIORAL HEALTH CONFERENCE

Is Integrated Care a
Solution to the Challenges
Facing Health Care?

FRIDAY, NOVEMBER 14, 2014

8:00 AM TO 4:00 PM

AUDITORIUM

FLUSHING HOSPITAL

MEDICAL CENTER

45TH AVENUE @ PARSONS BOULEVARD
FLUSHING, NY 11355

THE MEDISYS
BEHAVIORAL HEALTH NETWORK

Jamaica Hospital Medical Center
Flushing Hospital Medical Center
Advanced Center for Psychotherapy
Advanced Institute for Analytic Psychotherapy

*Medicine: “The art of restoring and
preserving the health of human beings
by the administration of remedial
substances and the regulation of diet,
habits, and the conditions of life.”
Oxford English Dictionary*



| Conference Purpose | | MORNING SESSION | | AFTERNOON SESSION | | INVITED FACULTY | |
|--|--|-----------------|--|--|--|--|--|
| <p>In 2003, Flushing Hospital conducted its Second Annual Behavioral Health Conference entitled <i>The New Gerontology: Towards an Expanded Vision of Successful Aging</i>. The conference was based on the MacArthur Foundation Study of Aging in America. The study’s major conclusion was that specific self-regulated lifestyle factors affect longevity. Earlier in life, biological factors are more potent; self-regulated lifestyle factors become more potent later in life. Furthermore, self-regulated life style factors are more potent when they are learned early and are maintained over many years throughout the life cycle.</p> <p>The MacArthur Successful Aging Study found that the life style factors that promote successful aging consist of behavioral self-regulation of diet, exercise, the pursuit of mental challenges, self-efficacy, and social support. The study also suggested that society has a responsibility to help individuals learn behavioral self-regulation skills to achieve successful aging.</p> <p>In 2008, Flushing Hospital conducted its Eighth Annual Conference entitled <i>The Challenge of Integrating Physical Health and Mental Health through Life Style Medicine</i>. The challenge that was posed at the 2008 conference, and that is still relevant today, was that individuals, communities, and professionals—all of us— take specific steps to ensure that good health and long life are enjoyed by all. The method to meet the challenge that was suggested at the 2008 conference was to organize communities, ones that are like ours, to meet the challenge by integrating physical and behavioral health through Life Style Medical practice that focuses on teaching behavioral self-regulation skills to individuals and families.</p> <p>Over the subsequent five years, and with these basic ideas to destigmatize mental illness by using successful aging and Life Style Medicine practices as a foundation, Flushing Hospital was awarded \$1,400,000 in NYS OMH grants to integrate mental and physical health in the Ambulatory Care Center and the Mental Health Clinic. Furthermore, in 2013, the campus became one of ten throughout NYS to be awarded a new DOH/OMH/OASAS Integrated Care License for its Mental Health and Reflections Chemical Dependence Clinics.</p> <p>While Flushing Hospital was taking steps to integrate mental and behavioral health in its ambulatory centers based on a commitment to the MacArthur Study’s results, the Federal Government passed the Patient Protection and Affordable Care Act (ACA) in 2010, which, amongst other things, re-structured economic contingencies towards strengthening person centered, integrated, self-regulated, and coordinated outpatient care while at the same time preventing, as much as reasonably possible, avoidable inpatient admissions. Also, ACA proposed that communities organize themselves to take responsibility in achieving ACA’s goals.</p> <p>Following on the heels of ACA in 2014, NYS signed a waiver with the federal government that will allow the state to reinvest \$8 billion in federal savings through a Delivery System Reform Incentive Payment (DSRIP) program. One of the DSRIP modules to achieve this goal is that of integrated behavioral health and physical health care. A 5-year purpose of the DSRIP program is to achieve a 25% reduction in avoidable ER and inpatient admissions</p> <p>ACA has generated a great deal of societal questioning. DSRIP is one recent consequence of ACA. The direction of health care in America is becoming clear: to strengthen ambulatory care and prevent avoidable admissions. Nevertheless, as these changes go forward, one might gently ask a question. That is: <i>Are there Unintended Consequences in the Drive to Reduce Avoidable Inpatient Admissions through Integrated and Coordinated Care?</i></p> | | 8:00-8:45 AM | Registration, Coffee, Continental Breakfast | <p><i>Is Integrated Care a Solution to the Challenges Facing Health Care? An Integrative Symposium</i></p> <p>MEDISYS BEHAVIORAL HEALTH FACULTY</p> <p>1:00-1:05 PM: OPENING REMARKS</p> <p>Anthony Maffia, LCSW, Vice-Presidentof Psychiatry, MediSys</p> <p>1:05-1:15 PM: MODERATOR’S INTRODUCTION TO THE INTEGRATIVE SYMPOSIUM</p> <p>Seeth Vivek, MD, Chairman of Psychiatry, MediSys</p> <p>1:15-2:15 PM: ROUND TABLE DISCUSSION: Are there Unintended Consequences in the Drive to Reduce Avoidable Inpatient Admissions through Integrated and Coordinated Care?</p> <p>Discussants</p> <p>Ann Marie T. Sullivan, MD Commissioner, NYS Office of Mental Health</p> <p>Siamack Nemazie, MD Medical Director, FHMC</p> <p>Ira Frankel, PhD, LCSW Administrator, Psychiatry & Addiction Services, FHMC</p> <p>Daniel Chen, MD Assistant Chairman, Psychiatry & Addiction Services, FHMC</p> <p>Robert Crupi, MD Chairman, Emergency Medicine & Chairman, Ambulatory Care, FHMC</p> <p>Brief Presentations</p> <p>2:15-2:45 PM: SELF-REGULATION OF BEHAVIOR AS A CENTRAL CONCERN OF MEDICINE</p> <p>Ira Frankel, PhD, LCSW, Administrator, Psychiatry & Addiction Services & Co-PI, Geriatric Physical Health-Mental Health Integration Demonstration Project, FHMC; Faculty, Advanced Institute for Analytic Psychotherapy & JHMC Psychiatry Residency Program</p> <p>2:45-3:00 PM: Fifteen minute break</p> <p>3:00-3:30 PM: UPDATE ON BIDIRECTIONAL INTEGRATION: BEHAVIORAL HEALTH INTO PHYSICAL HEALTH AND PHYSICAL HEALTH INTO BEHAVIORAL HEALTH.</p> <p>Daniel Chen, MD, Assistant Chairman, Psychiatry and Addiction Services; Principle Investigator, Geriatric Physical Health-Mental Health Integration Demonstration Project, FHMC; Assistant Director, Psychiatry Residency Program, JHMC</p> <p>3:30-4:00 PM: UPDATE ON ETIQUETTE-BASED MEDICINE</p> <p>Robert Crupi, MD, Chairman, Emergency Medicine and Chairman Ambulatory Care, Co-PI, Geriatric Physical Health-Mental Health Integration Demonstration Project, President, Medical Staff Society, FHMC.</p> | | <p>SPECIAL INVITED SPEAKER</p> <p><i>Patient Centered Care in the Integrated Environment</i></p> <p>Ann Marie T. Sullivan, MD Commissioner, NYS Office of Mental Health</p> <p>KEYNOTE SPEAKER</p> <p><i>Health Promotion & Self-Management: The Missing Link in Integrated Care</i></p> <p>Stephen J. Bartels, MD, MS Herman O. West Professor of Geriatrics, Professor of Psychiatry & of the Dartmouth Institute Geisel School of Medicine at Dartmouth & Director, Dartmouth Centers for Health and Aging</p> <p>Flushing Hospital Medical Center The Department of Psychiatry and Addiction Services A Center for Life Style Medicine Dedicated to Mental Health-Physical Health Integration</p> <p><i>The Agavé Project for Successful Aging</i></p> | |
| | | 8:45-8:50 AM | Welcoming Remarks Seeth Vivek, MD Chairman of Psychiatry, MediSys | | | | |
| | | 8:50-8:55 AM | Introductory Remarks Anthony Maffia, LCSW Vice-President of Psychiatry, MediSys | | | | |
| | | 8:55-9:00 AM | Comments Robert Levine, EVP & Chief Operating Officer Flushing Hospital Medical Center | | | | |
| | | 9:00-9:05 AM | Comments Bruce J. Flanz, President & CEO MediSys Health Network | | | | |
| | | 9:05-9:10 AM | Introduction of Keynote Speaker Seeth Vivek, MD | | | | |
| | | 9:10-10:40 AM | Keynote Speaker <i>Health Promotion & Self-Management: The Missing Link in Integrated Care</i> Stephen Bartels, MD, MS Herman O. West Professor of Geriatrics, Professor of Psychiatry & of the Dartmouth Institute Geisel School of Medicine at Dartmouth & Director, Dartmouth Centers for Health and Aging | | | | |
| | | 10:40-10:55 AM | Fifteen-minute break | | | | |
| | | 10:55-11:00 AM | Introduction of Special Invited Speaker Seeth Vivek, MD | | | | |
| | | 11:00 AM-12:00 | Special Invited Speaker <i>Patient Centered Care in the Integrated Environment</i> Ann Marie T. Sullivan, MD Commissioner, New York State Office of Mental Health | | | | |
| | | 11:45 AM-12 | Questions and Answers Morning Session Closing Remarks Seeth Vivek, MD | | | | |
| | | 12 Noon-1:00 PM | Lunch | | | | |